



MILLWALL COMMUNITY TRUST POST-16 EDUCATION ACADEMY



Contents

What is the Football Education Academy?	1
Introduction	2
Our Programme	3
Football Provision	4
Training	5
Facilities	6
Matches	7
Education Provision	8
Courses	9
Learn	10
Pathways	11
Why choose MCT's Football Education Academy?	12
Values & Mission	13
Added Values	14
Aims	15
What do you need to do?	16
How to apply	17
Contact Details	18



WHAT IS THE POST 16 EDUCATION ACADEMY?





WHAT IS THE POST 16 EDUCATION ACADEMY?

Millwall Community Trust (MCT) Post-16 education programme is a male and female course incorporating football training, matches and development into players' college education.

Alongside studies at College, players' represent Millwall FC in 11-a-side competitions in the EFL Community and Alliance League. Players train twice a week and receive top level coaching from professional and experienced Millwall Community Trust staff.

There are various course options at Millwall Community Trust including Level 3 National Foundation Diplomas (BTEC) in Sports Development and Coaching as well as Sport, Fitness and Personal Training.

Ed, a former MCT Post-16 Football Education Academy player, said: "If anyone is considering the programme but isn't sure, I would 100% recommend it. The coaches helped develop me a lot and who would want to turn down the ability to play competitive football against other pro clubs for two years!"



Our Programme

Millwall Community Trust offers a unique opportunity for passionate 16 – 18-year-olds football players, both male and female, to pursue a 2-year Football & Education Scholarship.

Learners will have the opportunity to enhance and develop their technical and tactical knowledge through an extensive football development and education programme.

Under the guidance of highly experienced and qualified academy UEFA licensed coaches, learners will train up to 9 hours per week – training will focus on the development of individual technical, tactical and physical attributes and will be supplemented by a weekly competitive games programme.

Alongside this, students will also have the opportunity to complete a range of qualifications including a BTEC Level 3 in Sport and/or A-Levels.



Football Provision





Training

Players train two to three times a week (equating to roughly 6-8 hours), receiving top level coaching from professional and experienced FA and UEFA qualified Millwall Community Trust coaching staff.

Players receive coaching across all aspects of football and futsal, including technical and tactical training sessions as well as strength and conditioning which is highly encouraged, with training taking place at top quality Millwall Community Trust facilities.



VENUES & FACILITIES

THE LIONS CENTRE



- Indoor 3G pitch used in the evenings by the Millwall Academy
- State-of-the-art classrooms and cafe area
- Sports Hall for Futsal and Teqball competitions and sessions
- Free access to gym onsite

ST PAUL'S SPORTS GROUND, ROTHERHITHE



- 11-a-side 3G pitch with mini stadium
- Changing rooms with showers
- Classroom with 'big screen' for match analysis sessions
- Physio onsite & rehab conditioning room
- Covered seating and standing areas around the pitch for spectators



Matches

Players get the opportunity to represent Millwall in the EFL Community and Education Alliance League.

Any player registered on a post-16 education course with a Club Community Organisation is eligible to play in the EFL Community and Education Alliance League within the under 19s age band.

The aim is to provide playing opportunities for young people with a passion for football as well as helping them achieve their education goals through football.



Education Provision





Courses

NCFE LEVEL 2 DIPLOMA IN SPORT (1-YEAR)

The NCFE Level 2 Diploma in Sport (Sports Coaching) is intended for learners aged 16 and over and provides the introductory skills to either start a career in sport or develop knowledge and skills that can be transferred to other industries.

This qualification can also prepare learners for apprenticeships or further study.

The NCFE Level 2 Diploma in Sport (Sports Coaching) is designed as a 1-year, full time course and will provide foundations to progress onto the NCFE L3 Diploma in Sport and Physical Activity.

NCFE Level 3 DIPLOMA IN SPORT & PHYSICAL ACTIVITY (2-Year)

The NCFE Level 3 Extended Diploma in Sport and Physical Activity (Sports Coaching) is intended for learners aged 16 and over and provides the knowledge, skills and understanding required within the sport and physical activity sector. It will also allow learners to gain transferable skills and progress to employment, an apprenticeship or higher education in a sport-related or different sector in line with career aspirations. The NCFE Level 3 Extended Diploma in Sport and Physical Activity (Sports Coaching) is designed as a 2-year, full-time programme and will provide the following UCAS points:

P – 48, M – 96, D – 144, D* – 168

Most universities will accept the NCFE Level 3 Extended Diploma for entry onto degree courses without any additional Level 3 qualifications as long as the required grade is achieved.

*Check with your intended university for further details and for English and Maths entry requirements.



Learn

Studies are conducted through partnership with local Colleges and Schools with various BTEC courses available (Level 1, 2, 3) across a variety of subjects. It's recommended students study a Sports course due to timetabling education and football provision (however inquiry into other subjects is possible). A-Level options are also available.

Example Timetable

	MORNING	AFTERNOON
MONDAY	ACADEMIC STUDY	TECHNICAL TRAINING
TUESDAY	ACADEMIC STUDY	ADDITIONAL TRAINING
WEDNESDAY	MATCHDAY	MATCHDAY
THURSDAY	ACADEMIC STUDY	ACADEMIC STUDY
FRIDAY	ACADEMIC STUDY	TACTICAL TRAINING



Pathways

The Post-16 Football Education Academy can provide the opportunity to pursue a number of routes after college...

Playing Route

Semi-Professional,
Professional and US
Scholarship

Football Coaching Industry

Coaching badges, referee
badges, futsal badges



Education Route
Higher education

Employment Route
Millwall Community Trust:
Traineeships,
Apprenticeships,
Volunteering,



Why choose Millwall Community Trust's Football Education Academy?





Values & Mission

MISSION

To develop higher performing individuals and teams through good education on and off the field, whilst delivering a great experience.

SEASON PURPOSE

We measure our success on the performance and development of not only our highest performing teams and individuals but also our lowest performing team and individuals. Thus, lifting the levels of our whole programme rather than just those who are our top performers.

VALUES

Millwall Community Trust (MCT) runs a series of charitable strands in addition to Football and Sports Development.

MCT has grown out from its footballing roots to run a diverse range of programmes from youth services, to public health programmes and equality initiatives.

After a consultation with staff, trustees, ambassadors and service users, MCT formally published a guide to the values that underpin the work and ethos of its staff.



Added Value

- FREE training and travel kit
- FREE access to gym facilities
- FREE access to physiotherapy support
- FREE Millwall FC Championship tickets to home games (subject to availability)
- Work experience, volunteering/work opportunities through Millwall Community Trust Opportunity to complete FA qualifications Transport provision for training and matches
- Official photographs
- Millwall first-team player masterclass sessions



Aims

We want to give players the opportunity to reach their highest potential within the game and as individuals. The programme allows young people to develop their life skills whilst forming and sustaining positive relationships with a variety of people.

We want to build strong local communities where everyone has the opportunity and support to achieve their goals. Participation in the Football Education Academy undoubtedly increases physical wellbeing, consequently having a positive impact on mental wellbeing too.

We want to increase the sporting, educational and employment opportunities for young people within our local community and further afield.



What do you need to do?





If you would like any further information or would like speak to any of our Football Education Academy staff, contact details can be found on the next page.

If you'd like to apply visit: <https://www.millwallcommunity.org.uk/mct-post-16-football-academy>



CONTACT US

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